



Nippers Parents Information Session

DIXON PARK SURF LIFE SAVING CLUB



# WELCOME

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- ✘ Thank you for choosing our club
- ✘ Welcome to our new members
- ✘ Welcome back to our returning members
- ✘ Facebook - Ensure you “Like” the Dixon Park Surf Life Saving Club Facebook page for all announcements and information
- ✘ Website – Check the website for details including season calendar, information etc etc.  
<https://www.dixonparksllsc.com.au/>





# ABOUT DIXON PARK

**Dixon Park SLSC was founded in 1932.**

**Our club is part of Hunter Branch which is made up of 13 clubs stretching from Hawks Nest in the North to Catherine Hill Bay in the south.**

## **VISION STATEMENT**

The Mission statement of the Dixon Park SLSC is to provide a safe beach and aquatic environment on Dixon Park beach and surrounding areas as well as a healthy environment for members, family and friends to enjoy.



# ABOUT DIXON PARK SLSC - OBJECTIVES

The Objectives of the Dixon Park SLSC are to:

- ✗ To supply services on Dixon park beach to minimise danger and prevent the loss of life or injury in a beach and aquatic environment.
- ✗ To raise the skills and knowledge of surf life savers to meet the needs and changing demands of the community.
- ✗ To be recognised as the local authority on matters relating to safety and management of Dixon Park beach and surrounds.
- ✗ To provide members with the skills and opportunity to learn and excel at surf sports.
- ✗ To provide a social environment that is both safe and friendly to people of all ages and backgrounds.





# ABOUT DIXON PARK - VALUES

At Dixon Park SLSC our Values include:

- ✘ Respecting all people whether members or members of the club or the community.
- ✘ Respecting each other and our individual contributions.
- ✘ Acting with integrity and honesty.
- ✘ Working together as a team.
- ✘ Welcoming and embracing our families' friends and the members of the community.
- ✘ Continuing to improve our services to the community and to ourselves.
- ✘ Remembering and honouring our history and tradition.

# ABOUT DIXON PARK - VALUES





# FACILITIES & EVACUATION POINT

## **Facilities**

- ✗ Toilets and change rooms
- ✗ Function room and bar
- ✗ Gym
- ✗ Nippers Storage room
- ✗ Patrol room
- ✗ IRB storage room
- ✗ Patrol Hut
- ✗ Coffee Cart

## **Evacuation Points**

- ✗ Back car park
- ✗ Grass area in front of the club

# JUNIOR COMMITTEE STRUCTURE

- ✗ CHAIRPERSON – CHAD DAGWELL
- ✗ REGISTRAR – BEC PURINS
- ✗ SECRETARY – LEANNE RYAN
- ✗ AGE MANAGER CO-ORDINATOR- JO STUART
- ✗ WATER SAFETY MANAGER – JOSH MASTERS
- ✗ CARNIVAL MANAGER – CLARINDA MASTERS
- ✗ SWIMWEAR & MERCHANDISE – JESS HODGSON
- ✗ SOCIAL EVENTS – BERNIE CULTER



# JUNIOR COMMITTEE STRUCTURE

- ✗ BEACH SETUP COORDINATOR – DUNCAN MCKINLAY
- ✗ GEAR STEWART – KIERAN SCHOLZ
- ✗ ASSISTANT REGISTRAR – DANI MASON
- ✗ ASSISTANT SECRETARY – CASSIE CRISS
- ✗ FUNDRAISING – SARAH KEATS

# PROFICIENCY

- ✘ Before any participation in water activities on Sunday mornings all Nippers must complete the Junior Preliminary Skills Assessment (pool proficiency) as per their age group guidelines.

There are two levels of proficiency:

- ✘ Junior Preliminary Skills Assessment (Pool Proficiency) - This is compulsory and is the minimum requirement for all Nippers
- ✘ Junior Competition Skills Assessment - This is compulsory for all Nippers that wish to participate at carnivals and includes a timed pool swim and an ocean swim.



## PROFICIENCY – JUNIOR PRELIMINARY SKILLS ASSESSMENT (POOL PROFICIENCY)



**THIS IS COMPULSORY FOR ALL NIPPERS FROM U6 to U14.**

- ✗ Every Nipper member is required to complete this evaluation prior to participating in any junior water activity or competition being undertaking.

### **Junior Preliminary Skills Assessment requirements**

#### ✗ ***Under 6***

From a standing position in waste deep water perform a front glide and recover to a secure position, &  
Perform a back or front float holding a buoyant aid and recover to a secure position

#### ✗ ***Under 7***

From a standing position in waste deep water perform a front glide, kick for 3m and recover to a secure position, &  
Perform a back or front float holding a buoyant aid and recover to a secure position

#### ✗ ***Under 8***

25 metre swim (any stroke) & 1 minute survival float

## PROFICIENCY – JUNIOR PRELIMINARY SKILLS ASSESSMENT (POOL PROFICIENCY)

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### ✗ ***Under 9***

25 metre swim (any stroke) & 1 minute survival float

### ✗ ***Under 10***

25 metre swim (Freestyle) & 1 1/2 minute survival float

### ✗ ***Under 11***

50 metre swim (Freestyle) & 2 minute survival float

### ✗ ***Under 12***

100 metre swim (Freestyle) & 2 minute survival float

### ✗ ***Under 13***

50 metre swim (Freestyle) & 3 minute survival float

### ✗ ***Under 14***

200 metre swim in less than 5 minutes (Freestyle) & 3 minute survival float





## PROFICIENCY - JUNIOR COMPETITION SKILLS ASSESSMENT

- ✗ All Nippers wanting to participate in carnivals **MUST** complete the Junior Competition Skills Assessment before they can participate in either water or beach events.
- ✗ U8's are only required to complete the Junior Preliminary Skills Assessment as noted previously.
- ✗ From U9 to U14's the Junior Competition Skills Assessment includes a timed pool swim and ocean swim
- ✗ Ocean proficiencies can only be conducted by an Assessor.
- ✗ Pink Hi-Vis singlet must be worn when completing the ocean swim. Nippers without a HI-Vis singlet will not be permitted to enter the water.



## PROFICIENCY - JUNIOR COMPETITION SKILLS ASSESSMENT

### ✖ ***Under 8***

Timed Pool Swim - Nil (Junior Preliminary Skills Assessment required only)

Ocean Swim - Nil (Junior Preliminary Skills Assessment required only)

### ✖ ***Under 9***

Timed Pool Swim - 100m in <4 mins

Ocean Swim - 150m open water swim

### ✖ ***Under 10***

Timed Pool Swim - 100m in <3 mins

Ocean Swim - 150m open water swim



## PROFICIENCY - JUNIOR COMPETITION SKILLS ASSESSMENT

### ✖ ***Under 11***

Timed Pool Swim - 200m in <6 mins

Ocean Swim - 288m open water swim

### ✖ ***Under 12***

Timed Pool Swim - 200m in <5 mins

Ocean Swim - 288m open water swim

### ✖ ***Under 13***

Timed Pool Swim - 200m in <5 mins

Ocean Swim - 288m open water swim

### ✖ ***Under 14***

Timed Pool Swim - 200m in <5 mins

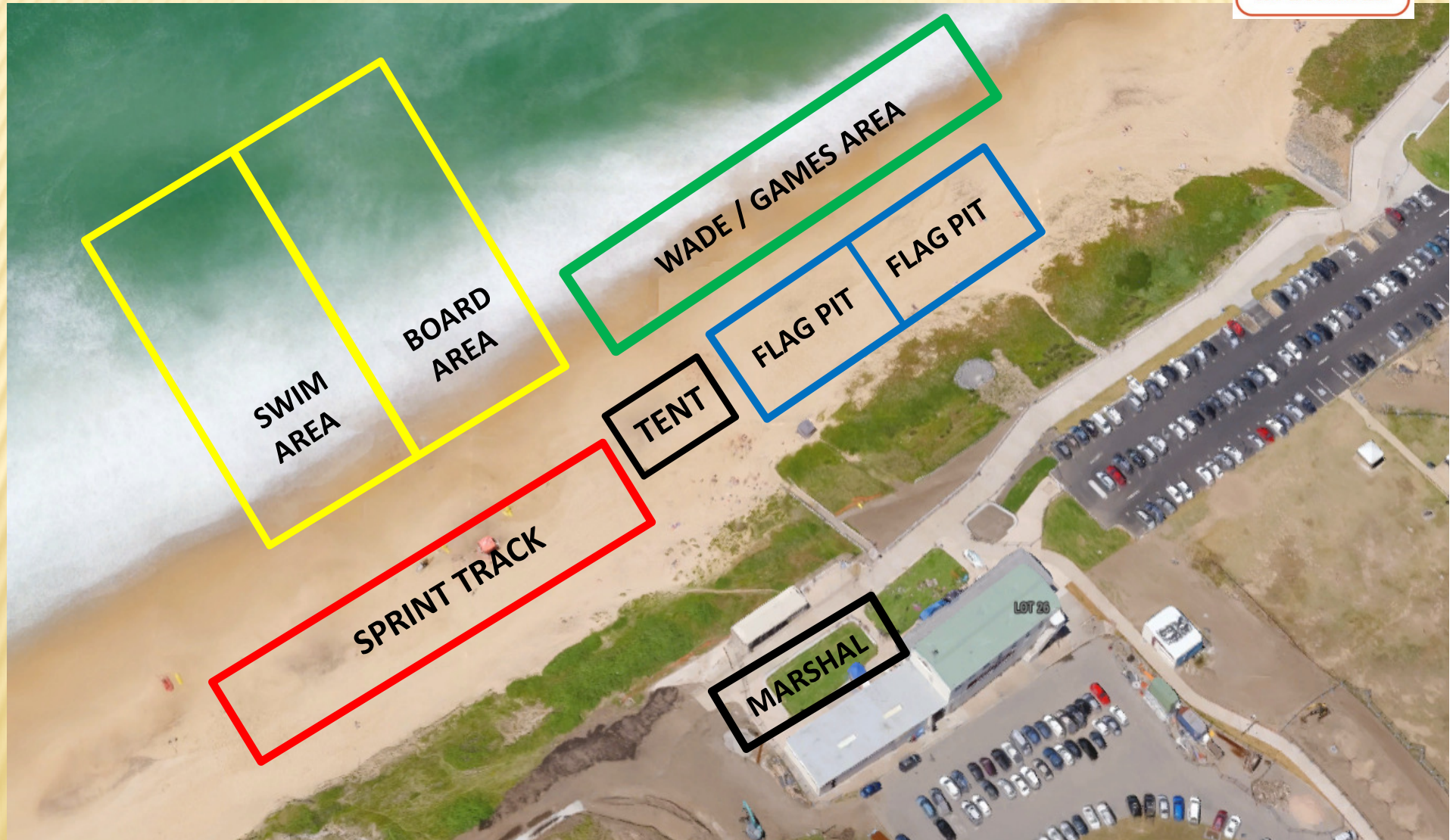
Ocean Swim - 288m open water swim

# TYPICAL SUNDAY MORNING

- ✗ 8:15am – Beach Setup (8:15am to 9am)
- ✗ 8:30am – Nippers Desk Open (8:30am to 9:15am)
- ✗ 9:05am – Age Manager Briefing
- ✗ 9:15am – Nippers marshal in age groups – sign in
- ✗ 9:25am – Nipper briefing and announcements
- ✗ 9:30am – Nippers Starts
- ✗ 11:00am – Nippers Finishes – Sign out
- ✗ 11:00am – Beach Pack Up – Gear packed into Nippers shed
- ✗ 11:10am – Nippers Desk re-opens (11:10am to 11:30am)



# NIPPERS SETUP – SUNDAY MORNINGS





# TYPICAL SUNDAY MORNING





# AGE GROUPS

- ✘ Nippers must be in the age group which their birthday falls – Nippers can not go up or down an age group. This is not a club rule it is a Hunter Branch rule.



## TAKING YOUR CHILD AWAY FROM THE GROUP

- ✘ If your child needs to leave their age group anytime during Nippers (toilet or leaving early) they must be signed out by the Age Manager and signed back in on their return.
- ✘ Parents must take their own child to the toilet etc. Age Managers cannot leave their age group during Nippers activities.



# SAFETY

- ✗ Always swim between the red and yellow flags before and after Nippers
- ✗ Slip, Slop, Slap
- ✗ Bring a water bottle (Nipper and parent)
- ✗ Always have your child signed in and out with your child's Age Manager or Assistant Age Manager
- ✗ Dixon Park skull caps are compulsory during Nippers
- ✗ Pink Hi-Vis vests are compulsory for U8's to U14' during Nippers (not just water activities)
- ✗ No Nipper is to enter the water without the OK from the Age Manager or the Water Safety Manager

# WHAT HAPPENS IF ITS WET OR BAD SURF?

- ✘ Always assume that Nippers is on unless you are advised otherwise. Keep an eye on Facebook for updates.
- ✘ In wet weather we will hold theory session in the upstairs of the club.
- ✘ Red flag (beach closed) or unsuitable surf conditions Nippers water activities will be limited.
- ✘ Utilise Merewether Baths



# WHAT HAPPENS IF ITS WET OR BAD SURF?



# EMERGENCY AT THE BEACH

**Lifesavers on patrol will take control of the beach.**

- ✗ Don't panic
- ✗ No one is to enter the water
- ✗ Follow the directions of the Age Manager and Assistant Age Manager or club official
- ✗ Roll will be taken and the Nippers will be moved to the grass area in front of the Surf Club or the Club back carpark (safest location)— They are to stay in their group until told otherwise.
- ✗ Club officials will address the group
- ✗ Once the situation is under control Nippers activities may resume or the roll will be taken and Nippers can be taken home by their parent or caregiver.





# AGE MANAGERS & ASSISTANT AGE MANAGERS

- ✘ All age groups must have a minimum ratio of at least 1 Age Manager to 10 nippers. Recommended ratio is 1 male and 1 female Age Manager to 20 Nippers.
- ✘ Age Managers are parents and volunteers just like any other sport.
- ✘ The more Age Managers & Assistant Age Managers we have the better.
- ✘ To become an Age Manager you must be a member of the club and have a valid WWC number and complete Age Manager course.
- ✘ Club provides Age Manager training.
- ✘ Age Managers wear a GREEN Age Manager shirt.
- ✘ Please introduce yourself to the Age Manager and don't hesitate to give them a hand.

# WHAT WE EXPECT OF YOU

## ✕ Participation and Cooperation

- + We are all volunteers
- + We don't get paid
- + We not just committee members we are also Age Managers, Water Safety, Officials, Patrolling Members
- + Our spouses are also volunteers within the club
- + We all have our own families doing other activities
- + We all have kids at Nippers
- + We are also time poor
- + We all have jobs
- + We rely on your support

We prefer not to hear complaints, but we are happy to take on constructive criticism. Better still if you have an idea or improvement, step up and volunteer your services.



# WHAT WE EXPECT OF YOU

- ✗ Get involved – We need your help
- ✗ Encourage the Nippers – Positive Support
- ✗ No bullying or harassment (this goes for nippers and parents)
- ✗ Follow the Nippers Code of Conduct (on the website)
- ✗ Be with your Nippers age group during activities – We are not a child minding service!
- ✗ Ensure you are at sign off at 11am to pick up your child
- ✗ Have fun and encourage the Nippers to have fun

# WHAT YOU EXPECT OF US

- ✗ Provide surf education
- ✗ Develop life saving skills
- ✗ Develop confidence and skills in the surf
- ✗ Provide fun and educational activities
- ✗ Provide a safe environment
- ✗ We are committed to safeguarding children – WWC checks etc.
- ✗ <https://sls.com.au/safeguarding/>



# NIPPERS DESK

Nippers Desk is open between 8:30am and 9:15 am before Nippers and 11:10am to 11:30am after Nippers

- ✗ General enquiries
- ✗ Swimwear and merchandise sales
- ✗ Carnival registrations
- ✗ Lost and found
- ✗ EFTPOS payments are preferred

# SOCIAL EVENTS

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- ✕ NIPPER XMAS PARTY – SUNDAY 16TH OF DECEMBER 18
  - + FOLLOWS NIPPERS FROM 11AM
  - + SAUSAGE SIZZLE
  - + WATER SLIDE/JUMPING CASTLE ON THE LAWN
  - + VISIT FROM SANTA WITH LOLLY BAGS FOR ALL KIDS



# SOCIAL EVENTS





# SOCIAL EVENTS

- ✕ **DPSLSC ANNUAL COCKTAIL PARTY – SATURDAY  
16TH OF FEBRUARY 19**
  - + HELD AT DIXON PARK SLSC
  - + LIVE MUSIC
  - + CANAPES
  - + BAR SERVICE
  - + TICKETS AVAILABLE SOON
  - + GET YOUR DANCING SHOES ON AND JOIN US FOR A  
FUN NIGHT



# SOCIAL EVENTS





# SOCIAL EVENTS

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- ✕ NIPPERS PRESENTATION NIGHT – SATURDAY  
16TH OF MARCH 19
  - + ALL NIPPERS PRESENTED WITH MEDALLION AND GIFT
  - + FORMAL PRESENTATION FOLLOWED BY DISCO



# SOCIAL EVENTS





# SOCIAL EVENTS

## ✕ NIPPERS WEEKEND AWAY – HELD IN SEPT





# CARNIVALS

- ✗ Carnival queries to our Carnival Manager – Clarinda Masters
- ✗ Updated carnival policy now in place – Copy available on website
- ✗ Individual and Team Events – U8's to U14's
- ✗ Nippers must have completed the competition proficiency requirements
- ✗ Club covers the cost of branch and state carnival fees
- ✗ Registrations for each branch carnival close the Sunday before the carnival
- ✗ Registrations for state carnival will be advised closer to the date.
- ✗ Carnival participants must wear their Dixon Park club shirt when they are not competing
- ✗ Ratios – Water Safety and Club Officials
- ✗ See carnival calendar link in the Website



# CARNIVALS





# HOW CAN YOU HELP?

- ✗ Beach Set Up – 8:15am to 9am
- ✗ Nippers Desk – 8:30am to 9:15am and 11:10am to 11:30am
- ✗ Age Manager or Assistant Age Manager
- ✗ Water Safety – Bronze Medallion holder (Club subsidises cost of Bronze Medallion course for Nipper parents).
- ✗ Carnival Official - Club covers cost of carnival official course
- ✗ Fund raising
- ✗ Grant applications
- ✗ Social activities preparation
- ✗ Help with running Nipper activities

# CLUB RENOVATIONS

- ✘ Northern Building Renovations
  - + Starts 22<sup>nd</sup> October 2018
  - + Finishes 23<sup>rd</sup> November 2018
  
- ✘ Southern Building Renovations
  - + Starts Late January 2019 (approx.)
  - + 3-4 month build time (approx.)

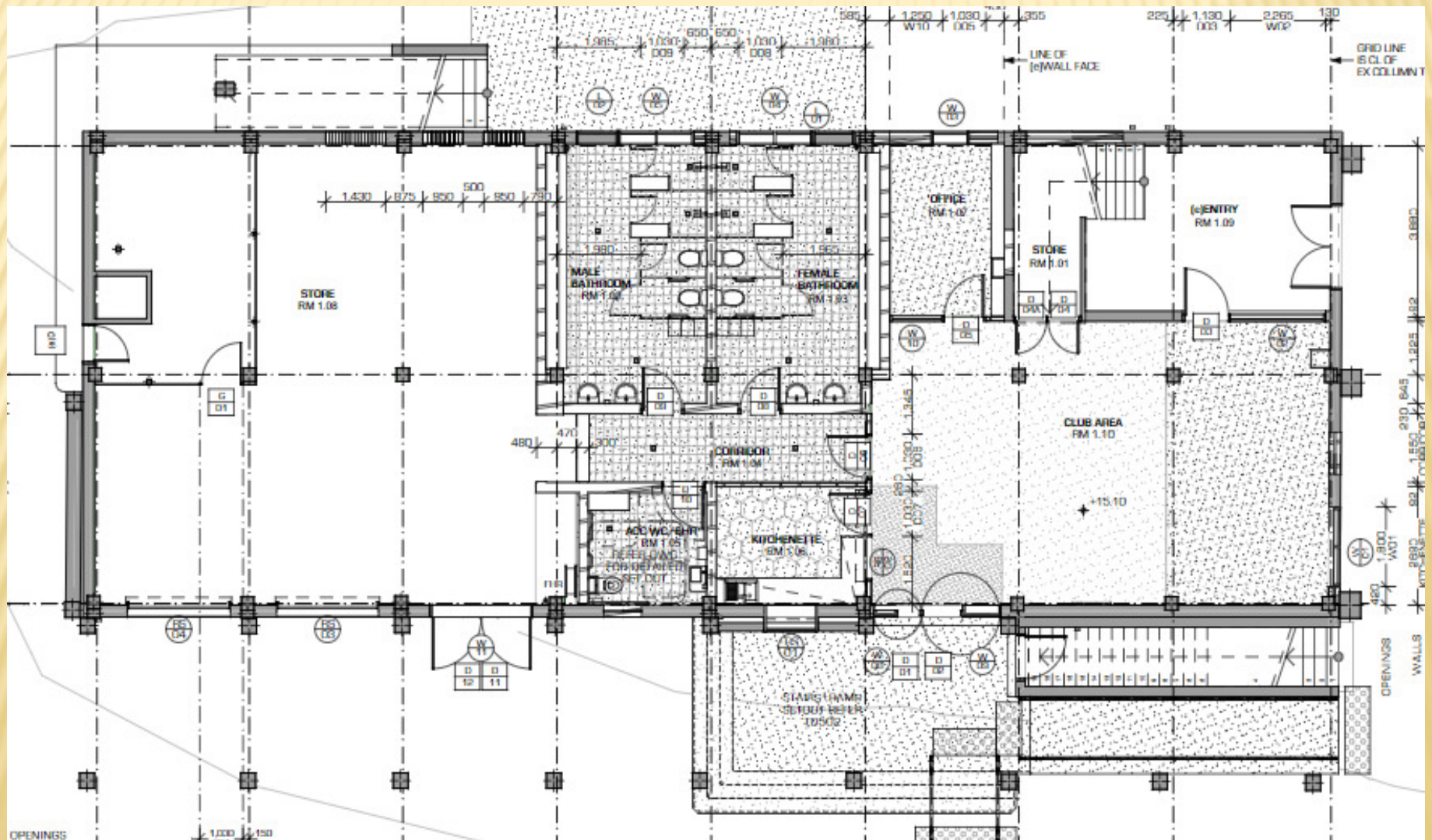


# CLUB RENOVATIONS





# CLUB RENOVATIONS





# SPONSORS



# SPONSORS



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Estate Agents Newcastle  
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# QUESTIONS?

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